



La Salle
COLLEGE PREPARATORY

Weekly Parent Bulletin

JANUARY 16, 2026

Hello La Salle Families! Below, you'll find upcoming events, announcements, and school news. Throughout the school year, we'll be sending out regular updates to keep you informed about the latest happenings at La Salle! If you have any questions about our weekly bulletins, please email communications@lasallehs.org. Have a great weekend, Lancers!

Upcoming Events

Monday, January 19, 2026 - Martin Luther King Jr. Day - NO SCHOOL

Tuesday, January 20, 2026 - A3 DAY

Wednesday, January 21, 2026 - B7 DAY

Thursday, January 22, 2026 - A4 DAY

Friday, January 23, 2026 - B5 DAY - Rally Schedule

Period 5	8:15 AM 9:25 AM
Break	9:25 AM 9:40 AM
Period 6	9:45 AM 10:55 AM
Break	10:55 AM 11:05 AM
Period 7	11:10 AM 12:20 PM
Lunch	12:20 PM 12:55 PM
Academic Support	1:00 PM 1:30 PM
Winter Rally	1:30 PM 2:45 PM

Master Calendar, Bell Schedule & Important Dates

[Click here](#) to visit our Master Calendar, [click here](#) to view our Bell Schedule, and click here for a list of our [2025-2026 Important Dates](#).

Athletic Calendar

[Click here](#) to visit our Athletic Calendar for all upcoming games & practices. Be sure to follow [@LasalleLancersAthletics](#) on Instagram for the latest Lancer news, updates, and scores!

2025-2026 Important Dates

Please [click here](#) to download the 2025-2026 Important Dates calendar overview. This calendar notes school holidays, vacation dates, and important events for the entire year.

Important Dates for the 2026-2027 Academic Year

A preliminary list of important dates for the 2026-2027 academic year is now available. This includes the start of school, holidays, breaks, and more. [Please click here to view.](#)

College Night for Parents of Juniors on Wed, Feb 4

College Night for Parents of Juniors will be held on Wednesday, February 4. We strongly encourage parents to attend to receive important information about the college planning process. Juniors will receive the same information during Mentor, and all presentation materials will be made available afterward.

College Night for Parents of Juniors

Wednesday, February 4th

College Info with Counselors from 6:00 - 7:00 pm, Dining Hall

PSAT Interpretation with Revolution Prep from 7:00 - 7:30 pm, Room 226

From **6:00 pm to 7:00 pm in the dining hall**, counselors will cover the following topics:

- Factors to consider when exploring college options
- Helpful college search tools
- Private school, UC, and Cal State admission
- SAT & ACT testing
- Deadlines and requirements for brag sheets and letters of recommendation
- Scoir overview
- Q&A

From **7:00 to 7:30 pm in Room 226**, Jean Stroud from Revolution Prep will present the PSAT Interpretation. This will give parents insight into how to review their child's PSAT scores, the implications of those scores for college admission, and how best to prepare for the official SAT or ACT exam. You may access your child's PSAT score on Scoir. We recommend that you do so ahead of the session.

Contact Ms. Ivy Wang at iwang@lasallehs.org with any questions about the event. Contact your child's counselor for any other questions. Thank you, and we look forward to seeing you there!

Practice Digital SAT & ACT Exam

Revolution Prep is now offering practice digital exams for both the SAT and ACT:

- Digital SAT Practice Exam on Saturday, Feb 28th from 9 am-12 pm (Proctored on Zoom)
- Digital ACT Practice Exam on Saturday, March 28th from 9 am-12:30 pm (Proctored on Zoom)

Please register [HERE](#). The test fee is a suggested \$20 donation to La Salle's academic programs. During the digital practice experience, students will learn to navigate the digital testing format and practice using the exact tools available to them on the real test, such as graphing calculators, digital notes, answer elimination, and more.

Scores for both the digital SAT and ACT will be available immediately upon completing the test. Families may schedule a free 30-minute score report review to help you interpret the results and develop a customized preparation plan. You can pre-schedule this Score Report Review at www.revolutionprep.com/jean-stroud.

Questions? If you have questions or want to learn more about Revolution Prep, you can reach out to Jean Stroud at (818) 217-0951 or by email at jean.stroud@revolutionprep.com.

SAT & ACT Official Testing for Juniors

The SAT and the ACT are typically taken by Juniors in the Spring. Although the UCs and Cal States remain test-optional for the Class of 2027, over 90% of colleges in the US still consider the SAT or ACT scores for admission.

The SAT and the ACT are offered on the following Saturdays this spring:

ACT:

- February 14*
- April 11
- June 13*

SAT:

- March 14*
- May 2
- June 6*

****La Salle is a test center for those dates.*** The registration deadlines are typically a month before the test date

How to register:

- ACT - <https://www.actstudent.org>

- Please note that La Salle will reimburse \$72 (one-time) to any junior who takes the ACT with Science this spring. The reason behind this is that we want to see how our students improve from their PreACT (taken in grades 9 and 10). We will credit your tuition bill once we receive your score (typically around 3 weeks after the test).
- SAT - <https://satsuite.collegeboard.org/>

Please reach out to your counselor if you have any questions about the SAT and ACT.

Please reach out to Mr. Owen Hou at ohou@lasallehs.org if you find the La Salle test center is full. Mr. Hou can work with ACT/College Board to increase the number of available seats.

Catholic Schools Week

Students will sign up for Catholic Schools Week service days Tuesday-Friday of **next week**. Sign ups will take place in the dining hall before school at 8am and during the first break of each day.

Tuesday, January 20- Seniors sign up

Wednesday, January 21- Sophomores sign up

Thursday, January 22- Juniors sign up

Friday, January 23- Freshmen sign up

Announcements

Bevaris Daily Specials

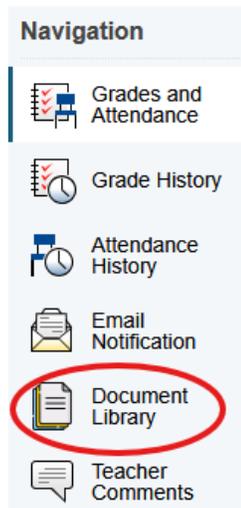
Please [click here](#) for next month's daily specials.

CALLING ALL CREATIVE PROFESSIONALS

La Salle's Visual and Performing Art Department will have a day for creative professionals to showcase their work and share their experiences to current students this semester. If you are interested in giving a short talk or demonstration related to your field of expertise please contact Kate Williams at kwilliams@lasallehs.org.

Document Library

If you missed your child's most recent report card or if the link has expired, all past report cards are available in the Parent PowerSchool **Document Library**. This section also includes other important documents, such as standardized test score reports and academic communications.



Don't miss TASTE OF LA SALLE!

This food & beverage tasting event returns to campus Saturday, March 28th from 6:30pm-9:00pm. Tickets on Sale NOW! Visit lasallehs.org/taste

Connect with us on:

facebook.com/LaSallePasadenaAlumni

instagram.com/lshsalumni/

Taste of La Salle
BENEFITTING THE ALUMNI SCHOLARSHIP FUND

A FESTIVE FOOD AND BEVERAGE TASTING
EVENT FEATURING OVER 20 LOCAL VENDORS,
EACH OFFERING A "TASTE" OF THEIR
SIGNATURE DISHES AND DRINKS TO GUESTS.

SAVE THE DATE!

SATURDAY
MARCH 28, 2026
6:30 PM - 9:00 PM



AT THE LA SALLE DINING PAVILION
FOR MORE INFORMATION OR TO PARTICIPATE
AS A SPONSOR, DONOR OR VOLUNTEER,
CONTACT THE ALUMNI OFFICE AT
626.696.4362 OR ALUMNI@LASALLEHS.ORG

Get Your Tastebuds Ready!



Lancer Athletics

SENIORS!!!!

- **Lancers Spring Semester Signing Day:**

- Class of 2026

We want to celebrate the four years of work, sacrifices, and success that you have exhibited! If you plan to play in collegiate athletics, please click on the link below to submit your form. The Athletic Office will be hosting a commitment day in the spring semester to celebrate student athletes and their families. If you have any questions, please email Mr. Daniel Threadgill, Athletic Director, at dthreadgill@lasallehs.org. Congratulations!

- [Signing Day Link \(click\)](#)

ATTN VARSITY ATHLETES:

If you are a new varsity athlete in need of a letterman jacket or a returning varsity athlete that needs some patches added please contact Funky Monkey Designs in San Dimas...ask for John. [FUNKY MONKEY OFFICIAL WEBSITE](#)



They are located at:

**301 E. Arrow Hwy
San Dimas, CA, 91773
909-592-2622**

BOYS SOCCER:(4-4-2 , 1-2-1 league)

- 1/14: La Salle 2 - St. Anthony 4
 - Your Lancers fell to St. Anthony Wednesday evening in a tough game. The Lancers found themselves down 2-0 and were able to pull a goal back through Dante Cassina on a penalty kick to bring the Lancers to 2-1 right before the half. Dominic Manriquez then scored a low bottom corner shot 2 mins into the second half and tied it up 2-2. The Lancers pushed hard created bountiful opportunities but couldn't finish their chances and were countered twice in the final minutes and lost 4-2. The Lancers are looking for a turn around and hunting a playoff spot and face 1st place St. Monica on Friday away at 3:15pm

- 1/16: La Salle travels to St. Monica at 3:15pm.

INSTAGRAM:
 PLEASE FOLLOW OUR TEAM INSTAGRAM!
 @LASALLELANCERSBSOC

**WELCOME TO LA SALLE BOYS
 SOCCER! #GOLANCERS
 #VAMOSCONTODO**

NEWS YOU CAN USE:
 PICTURE DAY 01/22: WEAR NAVY KIT
 SENIOR NIGHT 02/02

REMINDEES:
 BE SURE TO ALWAYS HAVE YOUR CLEATS AND
 PLENTY OF WATER FOR PRACTICES. BE SURE YOU
 ARE SIGNED UP FOR SNACK LIST

RECENT HIGHLIGHTS:
 5-4 WIN VS PARACLETE
TOP SCORERS:
 D.CASSINA - 10
 M.BARRIOS - 4
 M.BOWLER - 3

PRACTICES:
 M-F
 3PM-5PM
 LOCATION: KOHORST FIELD

NEXT MATCHDAY:
 01/16 AWAY VS. ST. MONICA
 KICKOFF: 3:15PM
 UNIFORM: WHITE KIT

UPCOMING MATCHDAYS:
 01/21 AWAY VS PARACLETE
 01/23 AWAY VS BISHOP
 MONTGOMERY

BOYS BASKETBALL:

Frosh: (6-10 , 2-1 league)

- 1/14: La Salle 59 - Cathedral 48

JV: (9-8 , 3-1 league)

- 1/14: La Salle 38 - Cathedral 48
- 1/16: La Salle travels to Paraclete. 5:30pm tip off

Varsity:(11-8 , 4-1 league)

- 1/14: La Salle 65 - Cathedral 57
 - The La Salle Lancers defeated Cathedral 65-57 to move to 4-1 and a 3-way tie for first place in Santa Fe League play.
 - **Senior, Enzo Trejo- 31pts, 5rebs**
 - **Sophomore, Cody Divens- 7pts, 4rebs, 3assts**
 - **Senior, Kristupas Miselis- 6pts, 8rebs, 3assts, 2blks**
 - **Senior, KJ White- 5pts, 4assts, 4rebs, 2stls**

The Lancers will travel to Paraclete on Friday, January 16, at 7pm to close out the first round of Santa Fe League play.

- 1/17: La Salle plays Rancho Mirage in the Warriors Showcase at Heritage Christian.

GIRLS BASKETBALL:

JV: (6-3 , 1-1 league)

- 1/15: La Salle 44 - St. Joseph 54

Varsity: (19-3 , 3-1 league)

- 1/13: La Salle 60 - St. Monica 43
 - Lancers were led by 18 points from Aislin Tamez Torres. Casey Higgins added 14 points.
- 1/15: La Salle 45 - St. Joseph 54
 - The Lancers were led by Casey Higgins with 18 points and 12 rebounds. Aislin Tamez Torres added 10 points.

GIRLS WATER POLO: (1-11 , 0-1 league)

- 1/13: La Salle 7 - Los Altos 22
 - La Salle Girls Water Polo competed in their first league game of the season, against Los Altos High School. In a challenging game, the Lancers lost 7-22. Scoring for the Lancers were Charlotte Kushnieruk with 5, Natalie Potts and Amelia Stokes each with 1. Goalie Allison Potts had 9 saves. La Salle will be competing against Alta Loma High School on Thursday, continuing with league play.
- 1/15: La Salle - Colony

GIRLS SOCCER:(7-3-4 , 2-1-1 league)

- 1/13: La Salle 1 - Bishop Montgomery 0
 - La Salle Girls Soccer earned a hard-fought 1-0 home victory over Bishop Montgomery in another evenly matched league contest. After a competitive battle throughout, the Lancers broke through late when freshman Lyla Davila found the back of the net off an assist from senior Skylar Chen. Defensively, La Salle remained solid from start to finish, with junior goalkeeper Raquel Rios earning another shutout on the season. The win gives the Lancers solid momentum heading into their home matchup against Bishop Amat on Thursday.
- 1/15: La Salle - Bishop Amat
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SOCCER

JANUARY NEWSLETTER



Reminders

- Always check Teamsnap for the most up to date schedule!
- Recovery is important! Cumulative fatigue exists. Be sure you are resting whenever possible.

CURRENT PROGRESS & LOOKING AHEAD

January is building on a strong preseason that included a **tournament runner-up** finish, **eight shutouts**, and **only two goals conceded** before league play began. We opened league with a win over St. Joseph on January 6th and continued that momentum into three more competitive matchups with our most recent victory against Bishop Montgomery on January 13th. We are now preparing for a key home matchup against rival Bishop Amat on January 15th, staying focused on discipline, competitive intent, and continued growth as league play continues. We currently sit at 7-3-4 overall and 2-1-1 in league. We appreciate the ongoing support as we push forward together.



Coach's Corner

PRO TIP FOR THE SEASON:

Take ownership of your development. Self-advocate. Ask questions. Self-reflect. Use your resources – your coaches, your teammates, etc. – to your advantage. Reevaluate. Act on change. Be consistent.



Upcoming Events

- Home Game vs. Bishop Amat 1/15
- Home Game vs. St. Joseph 1/20
- Away Game @ St. Genevieve 1/22
- Home Game vs. Paraclete 1/27
- Senior Night 1/27
- Away Game @ Bishop Montgomery 1/29



FOLLOW US ON INSTAGRAM @LASALLEGSOCC



School News

Faculty and Staff Gather for January Lasallian Retreat



Last Friday, our faculty and staff gathered for the January Lasallian Retreat, taking time to pause, reflect, and renew as we begin the second semester. Guided by Brother Ernest Miller, FSC, and members of our Mission Committee, the day centered on prayer, conversation, and purpose, reminding us of the values that ground our work as a Lasallian Catholic school.

We are grateful for the time spent together and for the commitment that continues to shape our mission.

Recognizing Out of This World Achievements



We are proud to recognize Lauren Rodriguez '27, who recently coauthored a NASA-published technical memorandum, "The Mars Aerial Navigation Terrain and Atmosphere (MANTA) Explorer," marking an extraordinary achievement in high school scientific research and aerospace innovation.

Lauren was selected for the highly competitive NASA High School Aviation Concept Design Experience, in which only 36 students were chosen from 767 applicants nationwide. Working with fellow interns and mentors, her team proposed an innovative aircraft concept to explore hard-to-reach regions of Mars.

Opportunities like this reflect the curiosity, creativity, and ambition our students bring to the world beyond campus. [Click here](#) to read more.

Speech and Debate Team

From 10 - 11 January, La Salle's Speech and Debate team competed at the Peninsula Invitational in Palos Verdes, California. Special congratulations to Jax Giammanco for reaching 2nd place in Original Oratory, earning him a spot at

this year's Tournament of Champions, to Noah Leiva for reaching 5th place in Impromptu and to Simon Lee and Sunny Ma for reaching semifinals at their first tournament in varsity Public Forum, earning them a bid to this year's Tournament of Champions.



Save the Date - Crystal Ball



Save the date! Our annual Crystal Ball returns on Friday, May 1, 2026, at The Langham Huntington, Pasadena. This year's theme, Midnight in Paris, sets the stage for a special evening that brings our community together to celebrate and support the programs and opportunities that shape the La Salle experience.

Resources

Below, you'll find a few resources to help guide and prepare both parents and students throughout the school year.

Need to Find a Therapist? Care Solace Can Help!

La Salle partners with Care Solace to help our community and their loved ones find mental health support. This is a free and confidential service that can quickly find a therapist or other service providers who are matched to your needs, regardless of circumstances.

- Call 888-515-0595. Support is available 24/7/365 in any language
- Visit www.caresolace.com/lscp and either search on your own OR click “Call Now” for assistance

Parent Service Hours

Thank you for checking out Track it Forward, the program that keeps track of all of our wonderful parent volunteer hours. With students participating in service-learning and other volunteer projects in our community, our Parent Association also provides service and volunteer opportunities for parents and families to get involved both on and off-campus. As a way to manage and coordinate the plethora of events, projects, and programs that require volunteers throughout the year, we utilize Track It Forward as a way to log hours, sign-up for events, and manage your volunteerism. [Click here to register.](#)

Student-Parent Handbook

[The La Salle College Preparatory Student-Parent Handbook \(the “Handbook”\)](#) is published and shared with members of our school community each year. The handbook provides important information regarding our governing policies, student code of conduct, and other guidelines for our entire school community. We ask that you please review this important resource and email dean@lasallehs.org if you have any questions.

La Salle’s Customization Value

The Customization Value Index (CVI) is La Salle College Preparatory’s data-driven measure of educational value. It compares the level of academic customization and innovation that students experience against the tuition that families invest. In simple terms, it answers the question every parent asks: “How much personalized, high-quality education does my child receive for every tuition dollar?” [Click here to learn more.](#)

General Contact Information

Please see the [Contact Information](#) sheet for a list of departments and their emails for any specific questions you may have.

Lancer Armory

The [Lancer Armory](#) will be open Tuesday and Thursday from 12:00-1:30PM. Email lancerarmory@lasallehs.org if you have any questions. For the full scope of Lancer apparel, please visit [Kyrie Designs](#).

Dress Code and Appearance

Please see our dress code and appearance guidelines as posted in our 2025-2026 La Salle Student Handbook: [Dress Code and Appearance Guidelines](#). For any questions or concerns, please contact the Dean's Office at deans@lasallehs.org.