



# La Salle Monthly Newsletter

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**FEBRUARY**  
2026

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## Leadership Message

Dear La Salle Parents and Guardians,

I am deeply grateful for the many ways our families and community members choose to support our school. Your generosity, whether through time, presence, prayer, or philanthropy, strengthens every part of our Lasallian mission and makes an extraordinary difference in the lives of our students. Because of you, La Salle continues to be a place where young people are known, challenged, supported, and inspired to grow into people of faith, service, and character.

As we look ahead to the second half of the school year, I invite you to stay connected with our school by joining us at upcoming spring events that bring our community together for celebration and connection. [Crystal Ball](#), our annual gala and most cherished tradition, will take place on Friday, May 1, at the Langham Hotel, with this year's theme, Midnight in Paris. The evening invites parents to gather in celebration while supporting the

institution, opportunities, and people at the heart of La Salle. We also look forward to welcoming families at other spring gatherings, including [Grandparents Day](#), [Taste of La Salle](#), [Wine & Dine](#), and [Gifts from the Heart](#).

My belief in philanthropy is rooted in gratitude. As a beneficiary of significant financial assistance throughout my educational journey at USC, UW-Madison, and Maryknoll School in Hawai'i, I have experienced firsthand how the generosity of others can change the trajectory of a young person's life. Because individuals chose to give, doors were opened for me and helped shape who I am today. That experience continues to guide my work and serves as a daily reminder of the profound impact of charitable support in expanding access to education.

Here at La Salle, our community is strengthened by the generosity of our parents, alumni, grandparents, community friends, and board members. We are also proud to share that our faculty and staff demonstrate this same commitment through 100% participation in supporting the school each year, reflecting their deep belief in our mission and in the students they serve. Looking ahead, our goal is to build on the strong support from our parent community as we strive to achieve 100% participation in the Parent Pledge program, which serves as the backbone of our annual fund. Participation at every level sends a powerful message: together, we stand behind La Salle and the future we are building for our students.

Thank you for the trust you place in our school and for the many ways you walk alongside us. Your partnership and generosity allow us to continue supporting the growth, formation, and success of the young people entrusted to our care.

With sincere gratitude,

**MJ Mao**

*Vice President of Advancement &  
International Programs  
La Salle College Preparatory*

# LaSallian Mission & Service



## Catholic Schools Week: Prayer Service

Dear La Salle Families,

This week, our community gathered for a cornerstone event of our school year: the **Catholic Schools Week Prayer Service**. As students entered, they were given hand-cut paper hearts as a small symbol that would later become a powerful statement. The service was not just a series of prayers, but a call to reorient our lives toward our neighbors.

We had a **"Hearts of Service"** activity where students were asked to write a personal commitment on their paper heart—a specific way they intend to live with more intentionality. These hearts were

collected and displayed around the Lancer, symbolizing that our school's strength is built on individual acts of love. As Mrs. Frisina noted, service is not a singular event; it is something we must return to again and again until it shapes who we are becoming.

A particularly moving moment of the service was a personal reflection by Vice President of Mission Mrs. Holyfield. She spoke about the science of connection and how our brains are literally wired for compassion through the release of oxytocin when we help others. She shared a vulnerable story from her own college years, describing a time when life felt "out of control" due to family challenges. And what helped her to feel in control was the opportunities to serve others. Her

message was a profound takeaway for our students: **Service isn't just about what we do for others; it's about what it does for us.** Turning our lens outward is often the very thing that brings us back to life.

A highlight of the service was the presentation of the **Alumni Service Award to Edgar McGregor ('18)**. During the 2025 California Firestorm, Edgar used his expertise as a meteorologist to provide life-saving information to his community. Highlighting Edgar's consistency with over 2,000 trail cleanups and as a living example of the school's motto: "Enter to Learn, Leave to Serve." Edgar's work reminds us that service can be a quiet, daily commitment to caring for God's creation.



Whether we are assisting local non-profits or listening to the stories of the incarcerated, we are fulfilling our purpose throughout the week and as we move forward from Catholic Schools Week. May we all leave this week more attentive to the needs of the people around us.

### Catholic Schools Week

This year, we are reminded of the powerful theme, "United in Faith and Community." This theme resonates deeply with all of us and highlights the strength we find in our shared faith, values, and commitment to one another. This year, we were excited to jump back into Catholic Schools week in the traditional way. Students, faculty, and staff went out to various service sites Monday-Thursday to participate in meaningful work in different communities throughout the greater Los Angeles area. This year's service sites included Pasadena Nazarene Church ("Paz Naz"), Mater Dolorosa, Santa Teresita, Project Angel Food, Los Angeles Regional Food Bank, Fred Jordan Missions, St. Francis Center, and the Altadena Collaboratory.



### Winter Rally

This year's winter rally theme was Hot vs. Cold! The Freshman and sophomores dressed in cold theme and wore blues and whites while the juniors and seniors dressed in the hot theme and wore oranges and reds. We played mini games competing against each other to find out what temperature was better. We had dad jokes, videos, and sing-offs. The rally ended with a performance from the basketball team, reminding us that we are all in this together.

# Alumni Corner

## Taste of La Salle

BENEFITTING THE ALUMNI SCHOLARSHIP FUND

A FESTIVE FOOD AND BEVERAGE TASTING  
EVENT FEATURING OVER 20 LOCAL VENDORS,  
EACH OFFERING A "TASTE" OF THEIR  
SIGNATURE DISHES AND DRINKS TO GUESTS.

### SAVE THE DATE!

**SATURDAY**  
**MARCH 28, 2026**  
6:30 PM - 9:00 PM



**AT THE LA SALLE DINING PAVILION**

FOR MORE INFORMATION OR TO PARTICIPATE  
AS A SPONSOR, DONOR OR VOLUNTEER,  
CONTACT THE ALUMNI OFFICE AT  
626.696.4362 OR [ALUMNI@LASALLEHS.ORG](mailto:ALUMNI@LASALLEHS.ORG)

### Get Your Tastebuds Ready!



### SAVE THE DATE FOR THE EVENT OF THE SPRING!

**Taste of La Salle  
is back!**

Purchase Tickets Here  
[lasallehs.org/taste](https://lasallehs.org/taste)

Saturday, March 28, 2026  
6:30PM - 9:00PM

La Salle High School Dining  
Pavilion & Atrium

## WHAT TO EXPECT

A night of incredible flavors featuring tastings from the best local food and beverage vendors. If you're looking for a great night out and a way to support the local community, this is THE event you won't want to miss!

## SPONSORSHIP TABLES

Interested in hosting a table? Table sponsorship is required to reserve a table. [Click here](#) to view the Table Sponsorships. We offer a variety of great packages for our Table Sponsors!

## OPPORTUNITY DRAWING

A chance to win 1 of several fabulous prizes. Winner need not be present to win.

### Grand Prize "Eat Out for a Year"

Array of gift cards totaling over \$2,000 to local eateries

### Stock the Bar Package

Featuring Premium Spirits and Liquors

### Pampered Staycation

### Gourmet Food Baskets

### And More!

[Click here](#) to purchase your Early Bird Opportunity Tickets



## GET INVOLVED!

Do you know a vendor, sponsor, or donor looking to make an impact? Interested in volunteering and being part of this exciting evening?

Contact **Suzy Rettig** in the Alumni Office: **626.696.4362** | [alumni@lasallehs.org](mailto:alumni@lasallehs.org)

All proceeds benefit the **Alumni Association Scholarship Fund**, helping deserving students achieve their dreams.



# Student Voice

Dear Lancer Families,

Welcome back! After a much needed break to transition our student body into a new semester, students regathered onto campus with calm minds. Remembering one year since the Eaton fires, myself and fellow students looked at returning to campus in a different light, not as something that is to dread, but something to be grateful for.

The first week back, the seniors travelled to Mount Kare in Wrightwood, California for a retreat focused on reflecting on their quick-lived 4 year journey throughout high school and looking forward to their future. This three day two night adventure was filled with community bonding, cries, and ambition for what is to come in college and beyond.

Transitioning us into Catholic Schools Week, the student body joined together on January 23rd to compete in the ultimate Hot vs Cold battle. Underclassmen representing the cold team and upperclassmen representing the hot, students battled in fiery competition with one another to see who is truly the coolest class... See what I did there. My favorite parts were watching girls soccer and boys basketball compete against each other in a Hot vs Cold drink challenge. The girls had to drink a cup of hot chocolate while the boys had to drink a freezy icee before the timer ran out. The girls finished before the boys and declared the hot as the champions!... for this game.

Catholic Schools Week is an annual celebrational week of Catholic education dedicated to community, faith, and service. Student Life brought together the themes of this week with the concept of Board Games. On the outside, board games are fun activities that draw people together, while at the core they promote a sense of community; just how faith is meant to be lived by. Each day of the week combined

school spirit, activities, and off-campus service, reminding students that fun and faith can go hand in hand.

Starting on Monday, the week kicked off with the Candyland theme. Students dressed in an array of bright colors while the senior class stepped off campus to serve at sites from down the street all the way to the heart of Los Angeles. Tuesday's Scrabble theme encouraged students to dress as the first letter of their name. I was no longer GiaBella, but Gru for the day while sophomores went off campus for their service day. While the juniors got to serve their community on Wednesday, students on campus matched with a friend for Twin Day inspired by the game Spot it. Thursday brought an adventurous Jumanji theme while the freshmen class got to experience their first catholic schools week service day. Lastly, Friday concluded with a school-wide prayer service that commemorated Catholic Schools week, as students wore outfits of their dream occupation in accordance with the theme of the Game of Life. Each day of the week also had a corresponding lunch-time activity that students participated in located in out one and only amphitheater.

Catholic Schools Week was a reminder that our school is not only a building to learn in, but a community that comes together in spirit, service, and faith. I am beyond excited to see what comes in these next couple of months as my senior year comes to an end and I can't wait to bring you families along for the ride.

Until next month!

**GiaBella Mena**  
*Student Life President*

# Greetings from Parent Association

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Greetings La Salle families!

My name is Monica Amato Mihaly, and I have been serving on the Hospitality Team since the spring of 2025. My son is a current sophomore. His journey to becoming a Lancer was not ordinary, but thankfully, through his perseverance, our family became part of the extraordinary La Salle community.

My background in teaching did not prepare me for my son's first disappointing week in high school. My once-energetic son, who loved school, no longer wanted to attend his first-choice high school. Desperate for help, I called La Salle. Within minutes of speaking with Mr. Housman, my worries were alleviated. His welcoming approach and astute guidance helped make the transition to a new school an easy experience for

our entire family. Our son's initial high school misstep became a steppingstone toward the right path. We are deeply grateful for the kindness and care that were so generously given to all of us.

As a new parent, I was immediately impressed with La Salle's broad and challenging curriculum. Back-to-School Night allowed me to meet teachers who were enthusiastic and dedicated to both the academic and spiritual growth of their students. La Salle consists of a diverse student body, and the recognition of various cultures and traditions is celebrated throughout the year, something we value as a family. We also appreciate the Service Days offered during the school year, during which all students are called to give back to those in need. Faith-based classes are an important part of the core curriculum and help guide students on their personal and spiritual journeys.

When I was asked to serve on the Hospitality Team, I enthusiastically accepted, knowing this was my opportunity to show appreciation to everyone who was so gracious and hospitable to our family when we first arrived at La Salle. As parents, we continue to be the most important and influential role models for our children. As we encourage them to be more active in their school community, we must lead by example. La Salle offers many opportunities for families to get involved. Attending Parent Association meetings is a wonderful way to do just that.

The high school adventure is a short one, and the days pass quickly. As we move forward, let's raise a cheer to the high school experience and to all the memories we can create together. Our Hospitality Team looks forward to meeting you!

Warmly,

**Monica Amato Mihaly, P'28**  
*Hospitality, Co-Vice President*  
*La Salle Parent Board Association*

# Counseling Center

February 2026  
College Center Newsletter



*Same Day Admission with Azusa Pacific University*



## SENIORS - Class of 2026

Transcripts with first-semester senior year grades were submitted to all colleges on the student's Scoir list. Please let your counselor know if any other college requested your transcript with first semester grades or did not receive it so that it may be sent by the deadline. It is very important that seniors check their application status regularly,

as it may be canceled if additional information requested is not provided in a timely manner.

## Admission Results

Students, please update Scoir with your application results (acceptances, waitlists, and denials) as soon as you receive them. This information is used for our scattergrams to advise future students and for data purposes.

## Scholarship Applications

If you are interested in applying for private scholarships, this is the time to do so. Numerous private organizations (Elks, Kiwanis, Rotary, etc.) and companies (Target, Wal-Mart, JCPenney, Edison, Best Buy, etc.) offer scholarships. Please check your email regularly for scholarship opportunities as well as our [Be In The Know](#). Colleges that students apply to may automatically consider them for some scholarships, but others will require direct application. Check the scholarship section on their websites. Top scholarship search sites include:

- [College Board](#)
- [Fastweb](#)
- [Niche](#)
- [Sallie Mae](#)
- [Cappex](#)
- [Scholarships.com](#)

Please make sure not to pay any money, provide banking information, or disclose your social security number on scholarship applications.

### **JUNIORS - Class of 2027**

Thank you to the students who have completed the College Planning Survey for Juniors on Scoir by the [January 23rd deadline](#). These students have already met or will soon meet with their counselor. In that meeting, students receive an individualized initial college plan that includes a list of prospective colleges to start researching. Those who have not submitted the survey yet, please do so as soon as possible. Appointments are scheduled in the order that the survey is received. The sooner we meet with students, the sooner they can delve into their college planning.

### **February 14th ACT**

Thank you to those who have registered for the February 14th ACT. If your student has registered, please remind him/her to upload his/her photo to their ACT account. Students have until midnight Central time on February 6th to upload their

photos and devices checked. If you do not check your device by this deadline and/or haven't uploaded your photos by then, you will be automatically dropped from the test roster. Please contact Mr. Hou ([ohou@lasallehs.org](mailto:ohou@lasallehs.org)) if you have any questions.

### **Advanced Placement (AP) Exams**

The AP exams will take place from May 4th to May 15th. Students taking AP courses have the opportunity to demonstrate their readiness for college-level work. They may also earn college credits for AP courses successfully completed in high school.

As noted in the La Salle catalog, students enrolled in AP courses are required to take the AP Exam at the end of the semester. The exam fee is \$115 per course and will be added to the student's tuition in March. Please contact Mr. Ryan Villaverde, our AP Coordinator, at [rvillaverde@lasallehs.org](mailto:rvillaverde@lasallehs.org), if you have questions.

### **Summer Programs**

Now is the time to start thinking about summer programs,

as many have application deadlines in the next few weeks. Teen Life is a good place to start your research. Volunteering locally and working are great options, too.

### **2026-2027 Course Requests for Freshmen, Sophomores, and Juniors**

Class meetings will take place during Mentor with freshmen, sophomores, and juniors on February 17th to review scheduling options and provide instructions for completing their course requests. Students can reference the 2025-2026 catalog for now, until the 2026-2027 course catalog is available on La Salle's website.

Families must submit the re-enrollment contract to receive their child's schedule for the upcoming school year. We encourage students to see their counselor for guidance on their schedule selection. Counselors will also review course options during this check in meetings with students.

## Spring '26 Practice Digital SAT Exam & Practice ACT Exams

Revolution Prep is now offering practice digital exams for both the SAT and ACT:

- **Digital SAT Practice Exam:**  
Saturday, Feb 28th from 9 am-12 pm (Proctored on Zoom)
- **Digital ACT Practice Exam:**  
Saturday, March 28th from 9 am-12:30 pm (Proctored on Zoom)

Please register [HERE](#). The test fee is a suggested \$20 donation to La Salle's academic programs. During the digital practice experience, students will learn to navigate the new digital testing format and practice using the exact tools available to them on the real test, such as graphing calculators, digital notes, answer elimination, and more. Scores for both the digital SAT and ACT will be available immediately upon completing the test. Families may schedule a free 30-minute score report review to help you interpret the results and develop a customized preparation plan. You can pre-schedule this Score Report Review here: [www.revolutionprep.com/jean-stroud](http://www.revolutionprep.com/jean-stroud).

Questions? If you have questions or want to learn more about Revolution Prep, you can reach

out to Jean Stroud at (818) 217-0951 or by email at [jean.stroud@revolutionprep.com](mailto:jean.stroud@revolutionprep.com)!

## SAVE THE DATE College Forum for Freshman, Sophomore & Junior Families

La Salle's College Forum will be held on Tuesday, March 24th.

This is our largest college-planning event of the year for 9th to 11th grade students and their parents. The forum will consist of speakers from a variety of colleges/organizations who will present on current college topics. This is a great opportunity for students and parents to learn more about the college admission process and how to research and identify the best-fit options. These are examples of past sessions:

- **Getting In: Tips to Become Competitive in the Admission Process**
- **Test-Optional vs. Test-Blind**
- **The NCAA, Student Athlete, and Admission**
- **College Funding and Maximizing Financial Opportunities**
- **Successful Transition to College for Students with Learning Differences**
- **The Arts: Application Process, Auditions & Portfolios**
- **Understanding UC Admission**

- **Understanding CSU Admission**
- **ROTC and Service Academies**
- **Studying the Physical Sciences and Engineering**
- **Preparing for Health Related Careers**
- **Using Career Interests to Guide Your College Search**
- **Considering College Out-of-State, Creating Options in Your College Search**
- **College Quickstart: Naviance Overview**
- **College Admission from the Colleges' Point of View**
- **SmartTrack College Funding Tool**
- **Standardized Testing Timeline**

More detailed information will be published in the Parent newsletter in mid February.

## Coffee with the Counselors

All parents and guardians are invited to attend our semester Coffee with the Counselors on March 12 from 8:00–9:15 a.m. Counselors will share grade-level updates and provide information on topics such as PCC and transfer pathways, college research strategies, and SAT/ACT preparation.

Parents are welcome to drop in for as long as their schedule allows. Additional details will be shared soon.

## Same-Day Admissions: University of La Verne on February 26th

*The University of La Verne (ULV)* will be on campus on February 26th during lunch and Academic Support (12:20 - 1:30 pm), offering "Same-Day Admissions" for students. Seniors, please bring your laptop and an unofficial transcript.

### How Can Your Student Participate

- Please sign up using the QR code on the flyer →
- Stop by the Counseling Center during lunch
- If you are unable to attend during lunch, sign up to attend during Academic Support in the Counseling Center

### Benefits of Same-Day Admissions

- Instant admission decision
- Application fee waived
- Letter of recommendation and personal statement waived
- Guaranteed minimum scholarship of \$21,000 for admitted students
- Personalized guidance and clear next steps for completing your application
- Students interested in Business, Kinesiology, Education, Sciences, Art, Film, or undecided are encouraged to attend

The flyer features a green and orange color scheme. At the top, it reads 'UNIVERSITY OF LA VERNE PRESENTS:'. Below this, in large white letters on a dark green background, is 'ON-THE-SPOT ADMISSION EVENT'. To the right is a detailed illustration of a leopard's head. A dark green banner contains the text 'THURSDAY, FEBRUARY 26th @ 12:20 PM'. Below the banner, it says 'Find out if you have been admitted to ULV!' and '(Don't Forget to bring a transcript)'. At the bottom, it says 'Scan This QR Code to Sign Up!' next to a large QR code. The University of La Verne logo is in the bottom right corner.

*We will provide transcripts that day as well*

# Upcoming Events

**FEB/MAR 2026**

[Click here](#) to view our master calendar online

## FEBRUARY

13  
FRI

**Lunar New Year Celebration**  
4:00-7:00pm

14  
SAT

**Valentine's Day**

16  
MON

**President's Day**  
No School

18  
WED

**Ash Wednesday**

22  
SUN

**Black History Month Celebration**  
2:00-4:00pm

## MARCH

5  
THU

**Drama Department  
Spring Musical Opens**  
7:00-8:30pm

6  
FRI

**\$ Dress Day**

**Wine and Dine**  
6:00-9:00pm

10  
TUE

**Accepted Family Social**  
5:30-7:00pm

12  
THURS

**Coffee with the Counselors**  
8:00-9:15am

16  
MON

**Parent Association Meeting**  
6:00-7:30pm

17  
TUE

**St. Patrick's Day**  
**Spring Academic Awards**

19  
THU

**Grandparents Day**

21  
SAT

**Registration Day**

# Communications Corner

La Salle College Preparatory is looking forward to sharing exciting news, important updates, and event recaps with our community! Please see below for more information on how to keep up to date and informed with what is happening at La Salle! If you have any questions, please feel free to reach out to us via email at [communications@lasallehs.org](mailto:communications@lasallehs.org).

## **SOCIAL MEDIA - @LaSallePasadena**

Be sure to follow us on all of our social media channels to see event highlights and updates.



[www.instagram.com/LaSallePasadena](https://www.instagram.com/LaSallePasadena)



[www.facebook.com/LaSallePasadena](https://www.facebook.com/LaSallePasadena)

## **WEBSITE - [WWW.LASALLEHS.ORG](http://WWW.LASALLEHS.ORG)**

The La Salle website contains a variety of resources for parents and students. Here, you can find Athletic Schedules, a Master Calendar of Events, COVID-19 Updates, Bell Schedules, Directory, and so much more! Feel free to peruse through it to learn more about all La Salle has to offer.

## **EMAILS**

All information will be sent directly to the parent email listed on PowerSchool. If emails are not being received, be sure to check the Spam Folder first. Otherwise, contact Owen Hou ([ohou@lasallehs.org](mailto:ohou@lasallehs.org)) to make sure the correct email is listed for your student.

## **WEEKLY BULLETIN**

Every Friday afternoon during the school year, expect an email update from us regarding Upcoming Events, Announcements, and School News currently happening at La Salle. The [Weekly Bulletin](#) will also be available to view as a PDF on our website.

## **MONTHLY NEWSLETTER**

During the first week of every month, we will send out an email with the [Monthly Newsletter](#) that contains recaps of the month as well as events to look forward to. The Monthly Newsletter will also be available to view as a PDF on our website.

**FEBRUARY** 2026



**LA SALLE**  
Monthly Newsletter

**LA SALLE COLLEGE PREPARATORY**  
3880 EAST SIERRA MADRE BOULEVARD, PASADENA , CALIFORNIA 91107  
LASALLEHS.ORG • 626.351.8951 • @LASALLEPASADENA