



La Salle Monthly Newsletter

MAR/APR
2026

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Leadership Message

Dear La Salle Community,

As we move through the spring semester, the Counseling Department has been heavily engaged in programming that supports students across all grade levels. I am excited to share these efforts with you.

This season, we expanded opportunities for students to explore life beyond La Salle. Our Bay Area College Tour brought students to campuses including UC Berkeley, Saint Mary's

College, University of San Francisco, UC Santa Cruz, San Jose State, and Santa Clara University. Experiences like these allow students to explore college environments, academic offerings, campus culture, and potential pathways for their future.

Back on campus, our sophomores participated in the annual Reality Fair, where they took on the challenge of managing a monthly budget based on their future careers. This hands-on simulation encouraged students to make real-world financial decisions related to housing, transportation, and expenses, while reinforcing the importance of financial responsibility. A few quotes from our students:

- “It was helpful learning the reality of how much things will cost and the importance of being frugal and smart about money.”
- “I learned about not going into debt and buying a BMW.”
- “I now know how to live smart and pay realistic fees.”

For our junior class, Junior Camp College offered a range of targeted sessions through Mentor, allowing students to choose the topic most relevant to them. From essay writing and application overviews to highly selective admissions and lesser-known majors, students were able to take a more personalized approach to their college exploration.

Family engagement remains a cornerstone of our work. Through Coffee with the Counselors and our annual College Forum, we connected families with experts across a wide range of topics. The

College Forum remains our largest program of the year, offering sessions that go beyond the basics, including Colleges That Change Lives, Western Undergraduate Exchange (WUE) programs, specialized business pathways, and admissions to visual and performing arts programs.

Our seniors are currently receiving strong college admission results from institutions across the country. Acceptances to highly selective universities reflect their hard work and preparation, but it does not tell the whole story. Our focus remains on celebrating all student paths and we are doing just that with Senior Decision Day! A new tradition this year, designed to honor the graduating class and their next steps. This event will feature a claw machine, games, raffles, photo booth, celebration banner for the class of 2026, and a message wall to the class of 2027 for next year's Decision Day.

Another highly anticipated event this spring is our annual Wellness Day. Students will have an opportunity to pause, reflect, and recharge through activities such as a sound bath assembly, movement-based therapy with a licensed clinician, goat yoga, petting zoo, lego activity, and art stations.

We will close the year with our Summer College Writing Workshop for rising seniors. With strong early demand, this program offers students the opportunity to draft their college essay while gaining insight into the admissions review process

through a case study experience with a college admission officer.

Finally, in alignment with our mission to provide a comprehensive and forward-thinking educational experience, we are piloting four-year academic planning sessions for incoming 9th grade families. These sessions are designed to help families map out a thoughtful and balanced high school journey from the start, including coursework, extracurricular involvement, and long-term college and career goals. By partnering with families early, we aim to strengthen student outcomes, support well informed decision making, and further distinguish the La Salle experience.

As the year draws to a close, we are proud of the growth, engagement, and accomplishments of our students. Thank you for your continued partnership and for being an integral part of our community.

Go Lancers!

With gratitude,

Tam Ly

Vice President of Counseling Operations

LaSallian Mission & Service

Ash Wednesday



On Wednesday, February 18, our La Salle community came together to mark the beginning of Lent with our Ash Wednesday Liturgy. We were grateful to welcome Father Ricky Viveros from Holy Family Church in South Pasadena who led us in our most sacred holy day of obligation.

As ashes were placed on our foreheads, we heard the words, “Repent and believe in the Gospel.” This tradition serves as both a personal reminder of our call to conversion and a visible sign of our faith for others. The liturgy

included two processions—one for the distribution of ashes and another for communion. This liturgy also served as the kickoff for Riley’s Race for Change, which supports our sister school, Mount La Salle, in Naka, Nigeria.

Soup and Substance

Each Wednesday during Lent, students gather for Soup and Substance. In the middle of full schedules and constant movement, it becomes a moment to slow down and pay attention.

Together, we share a modest meal and reflect on the upcoming Sunday Gospel, creating space not just for discussion, but for encounter. This year in a particular way, I invited five of our teachers to enter into that reflection with us by sharing their own personal stories of faith in light of the Gospel. Mrs. Williams spoke about faith within the context of family life. Mrs. Morales shared honestly about finding faith in the midst of a difficult season. Mrs. Fitzsimmons reflected on encountering God in unexpected places and ways. Mrs. Ruiz invited us into what it looks like to trust in times of uncertainty. And Coach Serve grounded us in the importance of discovering faith through community and our relationships with one another.

Lent calls us into prayer, fasting, and almsgiving, but just as importantly, it calls us into awareness. The stories shared each week helped deepen that awareness, reminding us that God is already at work in the ordinary and the complex moments of our lives.

Week after week, students, faculty, and staff choose to show up out of a desire to be rooted in community. In a season centered on renewal, Soup and Substance becomes a steady reminder that we don’t walk this journey alone.

Spring Rally

The theme for the spring rally was Decades! Each student was asked to dress in a decade of their choosing, while the teachers were asked to dress in the decades they were born. The rally celebrated our spring sports; boys volleyball, softball, baseball, boys tennis, boys golf, swim and track and field as well as dance, cheer, drama, robotics and medical lab. There were fun competitions as well as performances, and the rally ended with dance from the teachers as well as a pump up cheer from Coach Tuitama.



Holy Week Prayer Service & Reconciliation

On Tuesday, March 31, students had the opportunity to gather for a Holy Week Prayer Service centered on “Walking With Jesus”. What made this prayer experience particularly meaningful was the way it was brought to life by our students and faculty. Through personal testimonies, reflective videos, and prayer grounded in real-life experience, each station became something that created space for honesty, healing, and a renewed sense of readiness for the coming of the Resurrection. We entered into the Easter Season rooted in prayer, aware of Christ’s sacrifice, and invited to carry that awareness into the way we live.

Our La Salle community came together for our Holy Week Prayer Service, reflecting on Jesus’ journey and what it means in our lives. Students moved through four stations inspired by the Stations of the Cross centering around themes that connect to the challenges



we face. Each station represented The Condemnation, The Journey, The Crucifixion, and The Burial. From navigating peer pressure to supporting one another, meditating on Jesus carrying the cross and holding onto hope, each space invited meaningful conversations and personal reflection.

Through moments of prayer, meditation and witness talks from students and faculty members Ms. Mary Anderson and Coach Tolbert, our community was reminded of the strength found in faith and the importance of finding light in difficult times.



Senior Vs. Faculty Game

The Senior vs. Faculty basketball game was held on Tuesday, March 17. It is an annual tradition and La Salle community favorite. After a two year drought, the faculty got back in the win column this year, defeating the seniors in convincing fashion! The faculty came out energized and connected as a team which helped to build an early double-digit lead. The seniors battled back, but were never able to close the gap. It was a great night of friendly competition to help raise money for our sister school, Mt. La Salle.

Riley's Race for Change

This year Riley's Race for Change took place from February 18 - April 1. Each class competed daily for 6 weeks to see who could raise the most money for a great cause. Every Lenten Season, our four grades compete to raise money for our twin school, Mount LaSalle, in Naka, Nigeria. The money donated goes to essentials for the school such as solar panels to light their classrooms, school buses, security etc. We want to be able to continue to help provide the students and faculty with what they need to be successful. This year our students continued what was started last year and started off Riley's Race for Change with a Zoom call with students from Mount LaSalle. The students get the unique opportunity to share their worlds with each other and make meaningful connections. The Senior class led from start to finish this year and earned the first points for "Showdown." In total, all four classes did a great job raising money that will go towards helping our twin school, Mt. La Salle, located in Nigeria.





Alumni Corner

ATTENTION SENIORS! Senior Class Gift

SENIORS!!! Class Gift donations are being accepted NOW. This gift will provide the school with a microwave cart, making lunchtime more convenient and comfortable for current and future students! The deadline to donate to be **mentioned in the graduation program is May 8th**, but donations will be accepted through JUNE 30. **Drop off a donation with Ms. Kathy or Ms. Rettig in her office, Rm 348.** She will be down in the Amphitheater on Thursdays with a credit Card Machine too. Parents, if you would like to submit a donation on behalf of your child. [Click here!](#) **Let's get this year's participation rate 100%!!!**

For Alumni questions, please contact Suzy Rettig in the Alumni Office at 626.696.4362 or alumni@lasallehs.org.

TASTE OF LA SALLE RECAP

We had an amazing **Taste of La Salle** event on March 28th that was a tremendous success! The evening welcomed **362 attendees**, featured **30 local vendors**, and included **16 exciting raffle prizes**.

Together, we raised **over \$28,000** to directly support student scholarships. As a biennial tradition, Taste of La Salle continues to bring our community together while creating meaningful opportunities for our students.

Guests truly enjoyed the vibrant atmosphere and the incredible energy throughout the evening, making it a memorable celebration of community, generosity, and La Salle spirit.





Student Voice

Dear Lancer Families,

Welcome back to... The Student Voice. This past month has been jam packed with all sorts of activities. As we moved through the month of February and into early March, our campus continued to thrive with energy, faith, and school spirit.

We kicked things off with soccer and basketball playoffs on Thursday, February 12th, where the student sections showed up and showed out loud to support our athletes. In accordance with the Western theme, students came decked out in hats and boots. Our girls basketball team continued their playoff journey with games on February 12th, 21st and again on the 27th, each game bringing the Lancer community together to cheer them on with unwavering support. Whether it was on campus or at the Toyota Arena, the energy in the stands in support of our girls was unmatched. Great job ladies!

Marking the beginning of the Lenten season, students, faculty and staff gathered together in celebration of Ash Wednesday. Through reflecting on Lenten promises and the receiving of ashes, our community was invited to consider how we can grow not only academically, but personally and spiritually. At La Salle, it is not only the start of the Lenten season, but the jump start of our annual Riley's Race for Change charity event. As Student Body President, I was honored with the privilege to engage in a cross-cultural exchange via Zoom with some of my fellow teammates and some students from our sister school in Naka, Nigeria. This meaningful global interaction inspires me and other students to take action and donate to our class buckets to make a difference within our Lasallian family. Continuing through the season of Lent, our Spiritual Life team hosted weekly Soup and Substance gatherings during lunch. With guest teacher speakers, students had the opportunity to connect and understand some of campus' favorite faculty members on a deeper level.

From March 4th through the 6th, seniors had the opportunity to step off campus into the beautiful Wrightwood mountains for a long-awaited senior retreat. The theme of "Oh the Places You'll Go" prompted students to look ahead at what their future holds and the lessons they want to take with them. My favorite part was getting to bond with my friends and fellow classmates that I grew up with and remembering our journey with one another. Another exciting senior tradition hosted on campus brought not only our students together, but faculty and even Lancer families: the Senior v Faculty basketball game! Students and teachers faced off in a heated game that had the entire crowd cheering. Beyond the fun, all entrance fee proceeds went toward supporting Riley's Race for Change. Concluding the end of the fun filled month of March, our Throwback Spring Rally brought a wave of nostalgia for all the teachers especially! Students and faculty showed up dressed in styles from different decades, bringing a wave of nostalgia and creativity into the gym.

Finally, we came together for our Holy Week Prayer Service, a meaningful moment that encouraged reflection on faith, and renewal. As always I am incredibly proud of the way our Lancer community continues to show up for one another, through athletics, service, faith, and school spirit. These past months have been filled with moments that remind me just how special it is to be part of La Salle, especially as my senior year continues to fly by.

Thank you for your continued support, and I look forward to sharing more updates with you next month!

Until next month!

GiaBella Mena
Student Life President

Greetings from Parent Association



Greetings! We are your Teacher-Staff Potluck Co-Leaders, Beth Campbell and Lily Jarvis.

First, an update on potlucks: We are moving from a monthly schedule to twice per semester—one at the beginning of the term as a kickoff and one toward the end, prior to the rush of finals week. These events are so appreciated by our teachers and offer a unique opportunity for parents to give back directly to faculty during the busy school day. Our hope is that by adjusting the potluck schedule, we will see increased participation and more meal sign-ups for the lunches we host.

Now, a little about us...

Beth is the mom of two daughters and is in her sixth year as a La Salle parent. Her youngest, Eleanor, is a junior this year. Maddie graduated in 2024 and is now studying at Point Loma Nazarene University in San Diego. In addition to supporting the Parent Association, Beth can often be found courtside serving as Team Parent for the Girls Varsity Volleyball Team. She treasures the strong connection between La Salle and the Sierra Madre community she's been part of through the years at St. Rita parish and school and Alverno.

Lily is the mother of Sophie, a freshman, and is new to the Parent Association Board this year. She brings a long career as a school administrator and proudly considers herself a lifelong learner with a deep commitment to teaching and learning. Lily also has two stepdaughters, Piper and Phoebe, who attended Marlborough School—Piper is a graduate of McGill University in Montreal, and Phoebe is currently a senior studying art at the Massachusetts College of Art and Design in Boston. Lily is excited to be part of the La Salle community and looks forward to supporting its students and faculty.

Go Lancers!

Beth Campbell - P' 24, P'27

Lily Jarvis - P'29

Teacher-Staff Potluck Co-Leaders



When our family began searching for a high school for our son, we visited many campuses and explored a range of options. One question guided us more than any other: Where could we send him with confidence—somewhere he would grow academically and personally?

For us, education has always meant more than grades or college preparation. Our greatest legacy as parents is the set of values we pass on: respect, integrity, compassion, and the desire to be a good person. We wanted a school community that shared those values and would reinforce them during his formative years.

I still remember our first open house visit to La Salle College Preparatory. From the moment we arrived, we felt genuinely welcomed. Faculty, staff, and students were warm, approachable, and eager to help. Every question—about academics, student life, faith, and community—was met with patient, thoughtful, and caring answers. Their deep investment in students was unmistakable.

What impressed us most was the strong sense of community. La Salle has a clear purpose: forming young people of character, leadership, and compassion.

After our son was accepted, our connection to the school only grew stronger. I joined the Parent Association Hospitality Team and have truly enjoyed supporting several parental activities.

I am deeply grateful for everything he has achieved and for the constant support he has received. He has cherished every moment at La Salle. Time has passed so quickly, but the impact of these years will stay with him for a lifetime.

Blessings,

Lillian Nancy Perez Matute - P'26

Vice President, La Salle Parent Association Board

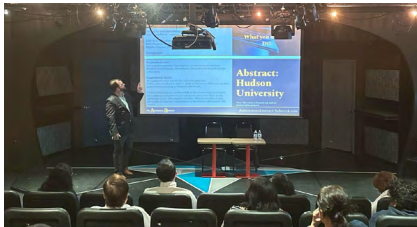
Counseling Center

March/April 2026
College Center Newsletter

RECENT EVENTS

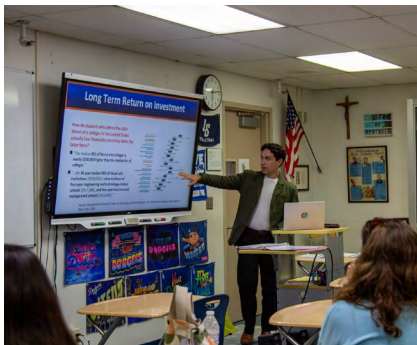
Coffee With The Counselors

Thank you to all who attended, we had a wonderful turnout.



College Forum

We were fortunate to have eight amazing college representatives share their knowledge with our community about the college application process.



SENIORS

By now, seniors should have already received the admission decisions from the schools where they applied. We recommend that they participate in the events for admitted students to help them decide where they will attend in the fall. We also recommend that seniors review their college portals and emails to stay up to date on the next steps regarding deposit payments, housing selection, and more.

May 1st is the usual deadline for students to make their deposit to the school they choose to attend. It is very important that seniors check their email and portals regularly to see what actions they need to take. Applications may be canceled if requested action items are not completed. For the most part, colleges communicate directly with students, not with parents.

Financial Aid Award Letter

Colleges listed on your student's FAFSA will use the information provided to determine his or her aid eligibility and award. They do their best to provide a competitive award package to cover the demonstrated need. Most colleges send award

letters around the same time as the admission offer; however, the timing varies by college and can be as late as the end of April. Students may contact colleges to know when they should expect to receive the letter. The award letter details the cost of attendance for an academic year, including grants, scholarships, work-study, and loans. Please contact your student's counselor if you need help understanding your financial aid award.

Statement of Intent to Register (SIR)

Parents, please remind your son or daughter to submit their 'Statement of Intent to Register' (SIR) to the college they plan to attend by the deadline set by that college, and to decline any other admission offers as soon as possible so that other students may be invited off the waitlist.

Senior Graduation Survey

Earlier this month, seniors were asked to complete the 'Senior Graduation Survey' on Scoir to let us know their college application results (acceptance/denial/waitlist), scholarship awards, and the school they plan to attend. This is very

important information for the graduation program and for helping us maintain accurate records that will benefit future classes. If your senior has already decided on his/her post-high school plans, then he/she can complete that survey now. The Senior Graduation Survey is due by May 3rd.

Senior Involvement Survey

We are also asking Seniors to fill out a Senior Involvement Survey; this information helps our Alumni Office. You can find this survey located on the Scoir homepage. Please complete this survey by May 3rd.

NEW THIS YEAR!

Decision Day

This year, our counseling department will host Decision Day during Mentor on May 5th. This event is intended to celebrate all of our seniors and their upcoming graduation, as well as their plans after graduation. There will be games, prizes, and treats, along with lots of excitement about the next chapter for our students. We cannot wait to celebrate our seniors and the years they have spent with us.

JUNIORS

College Planning

Summer is a good opportunity for students to visit college campuses and start forming a clearer idea of which schools best suit them. We encourage students to do their research online, attend information sessions, and engage with the schools they are interested in. Below are very helpful websites to assist juniors with their college research:

- [Scoir](#) Allows students to customize college searches, manage the list of colleges they are thinking about, and eventually move them to colleges they are applying to
- [YouVisit](#) Take virtual tours of the campus
- [Niche](#) Customize college searches based upon a set of criteria set up by the user
- [CampusReel](#) Student-generated videos from the schools they attend
- [Big Future](#) customizable college search tool through College Board

Meetings with College

Counselors For College Planning

Counselors have met with all juniors for their one-on-one college-planning meetings. The meetings were individualized to explore each student's career

and college interests. Students learned how to research their college options, utilize search tools, discuss deadlines/requirements, and strategize their college list and application plans. Counselors will be meeting with students again in the fall of their senior year to provide further support.

Standardized Tests

Advanced Placement (AP) Exam Schedule

The AP exams will take place from May 4th to May 14th. [Here is the complete calendar](#). AP exam fees have been added to the March tuition statement. Students are excused from classes before or after their exam and are not required to wear uniforms on those dates. La Salle's dollar-day dress code still applies. Please contact Mr. Hou (ohou@lasallehs.org), our AP Coordinator, if you have questions.

June 13 ACT

La Salle will be offering the June 13 National ACT on campus. It is a digital exam, and students will need to bring their own device. [To encourage more students to take the ACT, La Salle will reimburse students for the ACT](#)

[with Science and no Writing once we receive their scores \(one ACT per junior this spring\)](#). Students register for the ACT on act.org.

Ways to prepare for the standardized tests

SAT

Khan Academy - www.khanacademy.org - offers free online preparation for the SAT. Students may link their Khan Academy account to their College Board account to customize their practice based on how they performed on the PSAT last October.

ACT

ACT Academy - <https://www.act.org> - offers free online preparation for the ACT.

In-Person Summer College Writing Workshop & Case Study for Rising Seniors - Save the Date!

- **Session 1:** May 26- May 28 (9:00 AM -12:00 PM)
- **Session 2:** June 1- June 3 (9:00 AM-12:00 PM)

The purpose of this three-day workshop is to provide a head start on college application essays by brainstorming ideas

and drafting at least the first draft. Students will also participate in a case study in which they will review completed college applications and learn from an admissions officer about the process used to make admission decisions. The workshop cost is \$75. Registration opened on April 13th, when we return from break.

FREE Online Summer College Writing Workshops

La Salle is proud to invest in students' futures by offering **free access** to an outstanding series of **Online College Writing Workshops** powered by our partnership with the [College Essay Guy!](#) Led by **Ethan Sawyer**, bestselling author of [College Essay Essentials](#) and a recognized expert in college admissions writing, these workshops provide everything students need to craft their essays. His [website](#) also offers hundreds of free resources for applying to colleges!

All rising seniors have been registered and will receive an email from College Essay Guy in a few weeks from now

with details on how to join the sessions below and access the recordings. They have added new bonus review days as well with admissions officers and College Essay Guy coaches, as well as UC Readers.

Online Workshop Dates:

- **How to Write the Personal Statement/College Essay:**
June 1, 3, 5 (MWF) Bonus Review Days June 8, 10
(optional review days with admissions officers and College Essay Guy coaches)
- **How to Write the Personal Statement/College Essay:**
June 15, 17, 19 (MWF) Bonus Review Day June 22, 24
(optional review days with admissions officers and College Essay Guy coaches)
- **How to Write the UC Personal Insight Questions:**
July 13th & 15th (MW) Bonus Review Day 22, 24 *(optional with PIQ review session with UC readers)*
- **New: Two Options to meet students where they are**
Early August
August 5, 2026 (Wed)
12-2pm PDT
Late August
August 26, 2026 (Wed)
3:30-5:00pm

Please note that the in-person workshop follows the same curriculum as the College Essay Guy's personal statement sessions, with the added bonus of our exclusive college admissions case study. For questions, please reach out to Ms. Jimenez (mjimenez@lasallehs.org) or Ms. Evans (kevans@lasallehs.org).

Summer Programs

Now is the time to start thinking about summer programs, as many have application deadlines in the next few weeks. [Teen Life](#) is a good place to start your research. Volunteering locally and working are great options too.

Upcoming Events

APR/MAY 2026

[Click here](#) to view our master calendar online

APRIL

29
WED

Wellness Day

30
THU

Senior Decision Day

MAY

1
FRI

2026 Crystal Ball

2 -
3
SAT-SUN

Spring Dance Concert

4 -
8
MON-FRI

Faculty/ Staff Appreciation Week

8
FRI

Prom

9
SAT

Spring Visual Art Show

11 -
15
MON-FRI

Founder's Week

15
FRI

SHOWDOWN

21
THU

Last Day of School

22
FRI

Graduation

Communications Corner

La Salle College Preparatory is looking forward to sharing exciting news, important updates, and event recaps with our community! Please see below for more information on how to keep up to date and informed with what is happening at La Salle! If you have any questions, please feel free to reach out to us via email at communications@lasallehs.org.

SOCIAL MEDIA - @LaSallePasadena

Be sure to follow us on all of our social media channels to see event highlights and updates.



www.instagram.com/LaSallePasadena



www.facebook.com/LaSallePasadena

WEBSITE - WWW.LASALLEHS.ORG

The La Salle website contains a variety of resources for parents and students. Here, you can find Athletic Schedules, a Master Calendar of Events, COVID-19 Updates, Bell Schedules, Directory, and so much more! Feel free to peruse through it to learn more about all La Salle has to offer.

EMAILS

All information will be sent directly to the parent email listed on PowerSchool. If emails are not being received, be sure to check the Spam Folder first. Otherwise, contact Owen Hou (ohou@lasallehs.org) to make sure the correct email is listed for your student.

WEEKLY BULLETIN

Every Friday afternoon during the school year, expect an email update from us regarding Upcoming Events, Announcements, and School News currently happening at La Salle. The [Weekly Bulletin](#) will also be available to view as a PDF on our website.

MONTHLY NEWSLETTER

During the first week of every month, we will send out an email with the [Monthly Newsletter](#) that contains recaps of the month as well as events to look forward to. The Monthly Newsletter will also be available to view as a PDF on our website.

MAR/APR 2026



LA SALLE
Monthly Newsletter

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